

ABSTRACT OF THE DISCLOSURE

There has been a problem that it takes time from insertion of a record medium until it becomes reproducible.

A recording and reproducing system has a record medium of holding a data file of storing predetermined data, a file recorder of recording data file holding position information on a position at which the data file is held in a data file holding position information file held on the record medium of storing the data file holding position information, a data recording state obtainer, a recording position information file creator, and a file reproducer of reproducing the predetermined data stored in the data file by using the recorded data file holding position information.